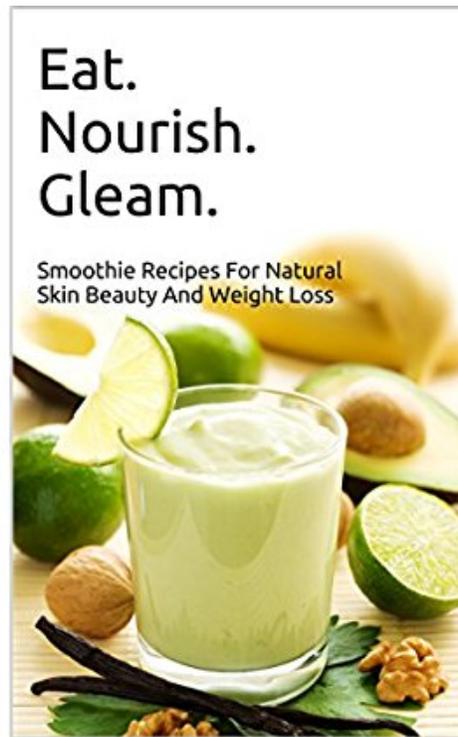


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## Synopsis :

new essential smoothie recipes book reveals the tip smoothie recipes for glowing beauty, natural skin and weight loss, improve your health and gain a natural gleaming beauty, nurture your skin with proved high quality recipes! Being healthy is a way of life, but it doesn't have to be about denying yourself. In this book, we are providing simple recipes fo health and beauty, these simple changes to your diet and lifestyle to help you look and feel amazing We've made our choice to go all natural and want to share our passion for natural beauty and natural health with the world. Will you be joining us? Try out our recipes and let us know what you think. Download Your Copy Today! Eat Nourish Glow By Amelia Freer - 192.241.160.240192.241.160.240/s-pdf/eat-nourish-glow-by-amelia-freer.pdf  
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